WE ARE M&N

Full Itinerary & Trip Details

La Sardegna in primavera

Cagliari as your base | One day in Iglesias

29 May- 2 June 27



hi@wearemandn.com

Introduction

Claudia takes us on a trip to her home town, with her passion and love for her culture, this trip will dive you into the real Sardinia.

A trip to discover the captivating beauty of southern Sardinia, where turquoise waters, golden beaches and rugged landscapes meet a rich history and authentic Italian charm.

We will explore Cagliari, the island's vibrant capital, full of winding streets, real Italian atmosphere, with a historic Castello quarter and lively waterfront. But Claudia is from Iglesias, so we will venture inland to this charming medieval town with a fascinating mining heritage, elegant piazzas and a glimpse into Sardinia's traditions and local life.

We will experience coastal scenery and archaeological treasures as well as delicious Sardinian cuisine and relaxed Mediterranean living. This journey offers a wonderful blend of culture, history and natural beauty in one of Italy's most enchanting destinations.





Your trip at glance

When	29 May - 2 June 2027
Durantion	4 nights
Where you'll stay	Hotel in Cagliari for 4 nights
Day trip	Iglesias, Porto Flavia and the southwest coast
Group	Maximum 10 people

Total cost from : £1,350

**Special cost for HUB members £1,250*

What is included

Flights

British Airport Flights
LGW- CAGLIARI 17:30 - 21:10
CAGLIARI - LGW 20:15 - 21:55

Accommodation

4 nights at a Hotel with breakfast

Guide

This is a fully escorted trip from St. Albans, departing from London Gatwick with the amazing Claudia.

About Claudia: *Claudia is a very friendly, enthusiastic Italian lady from Sardinia. She's lived in the UK since 1998, and she moved to St Albans from London in 2003 with her family but she, of course, considers herself very Italian! Having studied English and French language and literature at Universita' di Cagliari, she started teaching in 2012 in two local primary schools, where she still runs "Italian club" and finally joined our team of tutors in January 2026. But besides all her teaching, Claudia is very passionate about everything she does, and has a real love for culture and travel, you will be more likely to see her in London at the weekend at an art Gallery than popping into the vintage market in St Albans on a Sunday.*

Meals

All Breakfasts
Welcome dinner

Transport

Transfer to and from destination airport

Others

Museum entrance
Pre-departure meeting
M&N Mini guide of Cagliari + Welcome pack
M&N Support before and after the trip

Not included

Insurance

Check our itinerary .....

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Itinerary

DAY ONE - Saturday 29th May

Arrive in Cagliari in the evening, and get ready for bed....

DAY TWO - Sunday 30th May

Visit Bastione di Saint Remy for panoramic views across the city.
Explore the Castello district and Cagliari Cathedral.
Enjoy an evening stroll and dinner in the Marina quarter.

DAY THREE - Monday 31st May

Visit the National Archaeological Museum.
Explore the historic Stampace district and the Roman Amphitheatre, depending on access.
Spend the afternoon at Poetto Beach.

DAY FOUR - Tuesday 1st June

Leave Cagliari after breakfast for Iglesias and the southwest coast.
Explore Iglesias's medieval centre, Piazza Lamarmora and Santa Chiara Cathedral.
Continue to Porto Flavia for the remarkable cliffside mining complex and views of Pan di Zucchero.
Stop at a coastal viewpoint around Masua or Nebida, time permitting.
Return to Cagliari in the evening.

DAY FIVE - Wednesday 2nd June

Enjoy breakfast and a final coffee in the city.
Browse local shops or take a short walk through the Marina quarter.
Transfer to Cagliari Airport.

Ciao bella Sardignia



How to book .....

If you think there is nothing better than travelling with a local and a group of like minded people, and would like to join this trip, this is what you need to do.

Confirm your place:

- by sending us an email at: hub@wearemandn.com
- paying a non-refundable deposit of £500 by Wednesday 18th November
  **Please include your full name as a reference.*

NOTE: next payment will not be due until the new year.

Account details:

WE ARE M AND N LTD
Sort code: 231185
Account number: 20638027 Reference: [Sardegna + your name]

Once payment is received, we will confirm your place on this amazing trip.

Small print:

**If the deposit is not paid by the deadline of 18th November, we will be unable to guarantee the fee stated on this quote, and your increase will depend on the prices at the time of the booking.*